

1. The First Noel
2. Angels We Have Heard on High (Trad. French/English)
3. It Came Upon a Midnight Clear (Richard Storrs Willis)
4. O Come, O Come Emmanuel
5. The Holly and the Ivy (Trad. English)
6. In the Bleak Midwinter (by Gustav Holst)
7. We Three Kings (John Henry Hopkins)
8. God Rest Ye Merry, Gentlemen (Trad. English Carol)
9. Good King Wenceslas
10. What Child is This? (Trad. English)
11. Good Christian Men Rejoice (Trad. German Carol)
12. Let All Mortal Flesh Keep Silent (17th Cent. Trad. French Melody)
13. Away in a Manger
14. Ding Dong Merrily on High (Trad. French)
15. Infant Holy (Trad. Polish)
16. O Christmas Tree (Trad. German Carol)
17. Deck the Halls (Trad. Welsh, arr. Ray Pool)
18. Lo, How a Rose E'er Blooming (Harmonized by M. Praetorius)
19. Silent Night (by Franz Gruber)

Total 41 minutes

The second parts of the medleys on tracks #1 and 15 are arranged by Carolyn Bame from her book "Christmas at the Bedside," 2001.

Tracks #14, and 17 and the second part of #8 are arranged by Ray Pool from his book "Three Christmas Medleys," 1993.

Tracks #6, 11, 16, and the last part of #19 are arranged by Sunita Staneslow from her book and CD "Christmas Eve," 1997, Maxemillian Productions.

All other arrangements are by Sylvia Woods. #10 is from her book "Teach Yourself to Play the Folk Harp," 1978. The others are from her book, "50 Christmas Carols for All Harps," 1984.

Appreciation is expressed to these arrangers for permission to record their songs.

# Christmas Reflections

JOY

peace

Jesus


A special thanks to Designer Heidi Grantham, heidgrantham@yahoo.com and Lighthouse Productions, Goshen, IN 574.533.1400

# Christmas

Reflections

Traditional Carols on the Folk Harp

Harp Music by Nancy



Music has always been an enjoyable part of my life. My mother gave me piano lessons as a child and I have sung in many church, school, and community choirs. I started playing viola in 5th grade, and continued with college and community orchestras as an adult.

In 1999 I got interested in the harp, mainly because our daughter had maintained an interest in playing harp for the previous 5 years. I thought I might learn to play when she took lessons. But when she changed her mind at age 10, I decided to rent a harp and give it a try anyway.

I got a teach-yourself book with my harp and started working through it. I found it was very similar to playing the piano, and since I already knew how to read music, I had a head start. I loved spending time practicing my harp and learning new songs-and 6 years later, I still do! Watching other harpists and taking a few lessons helped to improve my skills.

My harp is a Triplett Axline, 30-string harp. It can be called a folk harp or lever harp, having levers (to change each string by one half-step) instead of pedals as a large harp has. It only weighs 20 pounds, so it's not too hard to carry and transport.

I play my harp for weddings, church services, open houses, and all kinds of events for groups small and large. I also play therapeutic music in nursing homes and hospitals, and am certified through the Music for Healing and Transition Program ([www.mhpt.org](http://www.mhpt.org)). I consider it an honor to be able to provide soothing music for those who are in pain or lonely.

One of my favorite parts about Christmas is the music. On this recording, I play some of the old carols from all over the world. Some are traditional style, mostly arranged by Sylvia Woods, and some are unique and interesting arrangements by harpists Carolyn Bame, Ray Pool, and Sunita Staneslow. I enjoy playing these arrangements, and appreciate their permission to record these songs. I hope that as you listen, you will enjoy a time of peaceful reflection of past Christmas celebrations, and contemplate the real meaning of Christmas, celebrating the birthday of **Jesus!**

# *Harp Music by Nancy*



*Nancy Lentz*

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